ESLD
European Society for Lasers and Energy Based Devices

ESLD HANDS ON LASER AND EBD TEACHING COURSE

1-2 MARCH 2024
VILNIUS | LITHUANIA

TOPICS

- Selective and Fractional Photothermolysis
- Traditional Ablative Laser
- Microneedling and Radiofrequency
- Laser Safety
- Vascular treatments
- Laser hair removal
- Pigmented lesions and tattoos
- Rejuvenation
- Fractional Photothermolysis

THE FORMAT

- 2 days
- 7 world renowned speakers
- 4 theoretical sessions
- 3 hands-on sessions

- 1 Panel discussion about YOUR case studies

- 30 attendees

- selected partner industries

FACULTY

Ashraf
BADAWI
Egypt
ESLD President

Albert
WOLKERSTORFER
the Netherlands
ESLD Vice-President

Ahmed
SADEK
Egypt
ESLD Secretary Gen.

Johan
SNAUWAERT
Belgium
ESLD Treasurer

Paolo
BONAN
Italy

Tadas
RAUDONIS
Lithuania

Ruta
GANCEVICIENE
Lithuania

WELCOME

Dear Colleague,

I am honoured to welcome you to ESLD Hands-on Laser and EBD (Vilnius, 1-2 March 2024).

The Course seeks to enhance your knowledge and expertise in the ever-evolving field of laser dermatology. Our comprehensive program has been meticulously crafted to cover the latest advancements in laser technology, procedures, and techniques in dermatology. You'll gain valuable insights and practical skills from world-renowned experts in the field.

We understand the importance of hands-on experience in mastering laser procedures. Thus, you will have the opportunity to practice laser treatments under the guidance of experienced instructors, ensuring you leave with confidence in your abilities.

This course provides an ideal platform for networking and collaboration, fostering relationships with fellow dermatologists, healthcare professionals, and experts from around the world.

Thanks for trusting ESLD and joining us in Vilnius! It will be another great success!

prof. Ashraf Badawi
ESLD President
Ashraf Badawi

DAY 1

FRIDAY, 1 MARCH, 9AM-5.30PM

9:00-9:10	Welcome address
9:10-9:40	Basics of lasers and laser tissue interaction // *A. Wolkerstorfer*
9:40-10:00	Selective photothermolysis - Basic understanding and indications // *A. Badawi*
10:00-10:25	Traditional ablative laser use - Basic understanding and indications //*P. Bonan*
10:25-10:50	Laser safety practical tips // *J. Snauwaert*
10:50 - 11:10	Coffee break
11:10 – 13:10	Hands-on Session 1 *Laser safety / Traditional ablative CO2 / Fractional ablative / Selective photothermolysis / Q-Switched photomechanical*
13:10-14:00	Lunch break
14:00-14:25	Vascular treatments – PDL and other light sources // *A. Wolkerstorfer*
14:25-14:45	Laser hair removal – Different wavelengths for optimal outcomes // *A. Sadek*
14:45-15:10	Pigmented lesions and tattoos // *A. Wolkerstorfer*
15:10-15:35	Rejuvenation – Different light-based tools // *A. Badawi*
15:35-16:00	Coffee break
16:00–17:30	Hands-on Session 2 *Difficult laser cases / Traditional ablative Er:YAG / Pigmented Q-switched in fractional mode / Hair removal – Long-pulsed Alex and Nd:YAG / Fractional non-ablative*
20:00	Dinner@8

SATURDAY, 2 MARCH, 9AM-4PM

DAY 2

9:00-9:25	Medical indications of lasers and EBDs // A. Wolkerstorfer
9:25-9:50	Microneedling, radiofrequency, and their combination // *A. Badawi*
9:50-10:15	Fractional photothermolysis – Basic understanding and indications // *A. Wolkerstorfer*
10:15-10:40	Lasers for scars // *A. Sadek*
10:40-11:10	Coffee break
11:10–13:10	Hands-on Session 3 *Traditional ablative lasers / How to select the right laser settings / Long-pulsed lasers / Q-switched lasers / Ablative/non ablative fractional*
13:15-14:15	Lunch break
14:15-14:45	Preparing the patient and Post-op care // *A. Sadek*
14:45-15:05	Optimizing outcomes with combination treatments and advanced protocols // *A. Badawi*
15:05-16:00	Special case studies and Panel Discussion Panelists: *A. Badawi, P. Bonan, R. Ganceviciene, T. Raudonis, A. Sadek, J. Snauwaert, A. Wolkerstorfer* *Cases submitted by attendees and discussed with faculty* *Participants are strongly encouraged to present interesting clinical cases already treated about Laser/EBD treatment to be interactively discussed with ESLD Faculty.*